

Andrew Robert Malarkey, D.O.
Shoulder, Elbow and Hand Surgery
www.ohioshouldertoand.com
800-824-9861



Trigger Finger Release Protocol

- A/AA/PROM
- LMB prn
- Consider Relative motion orthosis (if pt exhibits limited MCP ext and hypertext of PIP joint– may even see lateral bands subluxate in these fingers)