Andrew Robert Malarkey, D.O. Shoulder, Elbow and Hand Surgery <u>www.ohioshouldertohand.com</u> 800-824-9861



ORIF Distal Radius Protocol

- Begin wrist, finger, thumb and forearm AROM first PO visit
- Prefab wrist splint or custom orthosis depending on edema and wrist posture. DC orthosis as soon as patient has a full fist
- Incisions are ok to be cleaned in the shower, no soaking