

Andrew Robert Malarkey, D.O.  
Shoulder, Elbow and Hand Surgery  
[www.ohioshoulderto-hand.com](http://www.ohioshoulderto-hand.com)  
800-824-9861



## **Flexor Tendon Repair Protocol**

- Typically WALANT, early protected active flexion (check with surgeon)
- FBDB with wrist in approx. 30 deg ext and MCP's in approx. 40 deg flex, IP's neutral
- Begin motion out of orthosis at 4 wks PO, orthosis discharged at 5-6 wks post-op