Andrew Robert Malarkey, D.O. Shoulder, Elbow and Hand Surgery <u>www.ohioshouldertohand.com</u> 800-824-9861



DeQuervain Release Protocol

- Prefab wrist splint x 2 wks
- Avoid wrist flexion x 2 wks
- May discharge if patient has full ROM, do not necessarily need to see the patient through strengthening phase